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Activity 4 – Listening

What Is History?

Transcript

Hello everyone, and welcome to today's lesson.

Have you ever wondered what History really is? Many people think that History is simply the study of old events, famous kings or important battles. However, History is much more than that. It is the study of people, societies and the changes that have shaped our world over time.

Historians investigate the past by examining different types of evidence. They do not simply memorise dates or names. Instead, they ask questions, compare information and analyse historical sources to understand what happened and why.

One important concept in History is **chronology**. Chronology is the arrangement of historical events in the order in which they happened. Organising events in this way helps historians understand how one event may have influenced another.

Historians also study different historical periods. For example, they learn about **Ancient History**, the **Middle Ages**, the **Early Modern Period** and **Modern History**. Each period has its own important events, cultures and achievements.

To study the past, historians use many different types of historical sources. Some sources were created during the events themselves, such as letters, diaries or official documents. These are called **primary sources**. Other sources, such as history books and documentaries, explain or analyse past events using information from primary sources. These are known as **secondary sources**.

It is important to remember that historians do not always agree. Different historians may interpret the same event in different ways because they may use different sources or have

different perspectives. This is one of the reasons why History is such an interesting subject.

Studying History is useful for everyone, not only for historians. It helps us understand how societies have changed, why certain events happened and how the past continues to influence our lives today. It also develops important skills such as critical thinking, problem-solving and the ability to evaluate information carefully.

So, the next time you think about History, remember that it is not only about the past. It is also about understanding the present and preparing for the future.

Thank you for listening.