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UNIT 1: LISTENING – TRUE OR FALSE

Script

Nursing is one of the most important healthcare professions because nurses provide care, support and education to people of all ages. They work closely with doctors, patients, families and other healthcare professionals to improve people's health and quality of life. Nurses are often the healthcare professionals who spend the most time with patients, making communication and teamwork essential parts of their job.

Nurses work in many different healthcare settings. Although many people associate nursing with hospitals, nurses also work in clinics, health centres, schools, nursing homes, rehabilitation units and patients' homes. Some nurses specialise in areas such as emergency care, paediatrics, surgery, intensive care or mental health. Others work in community health, helping people prevent illness and maintain healthy lifestyles.

A nurse's daily responsibilities are varied. They assess patients, measure vital signs such as temperature, blood pressure and heart rate, administer medication, assist with treatments and monitor patients' progress. Nurses also explain medical procedures, answer patients' questions and provide emotional support to patients and their families. Accurate communication is essential because nurses record important information in patient records and report any changes in a patient's condition to the rest of the healthcare team.

Modern nursing combines scientific knowledge with compassion and professional ethics. Nurses must understand human anatomy, basic physiology, infection control and patient safety. They also follow strict healthcare protocols to reduce the risk of infection and

ensure that every patient receives safe and effective care. In addition, nurses continue learning throughout their careers because medical knowledge and healthcare technology are constantly changing.

English has become the international language of healthcare. Many medical textbooks, research articles and clinical guidelines are published in English. Nurses may also communicate with international patients or work in hospitals where healthcare professionals come from different countries. For this reason, learning English helps nursing students access new knowledge, communicate more effectively and improve their future career opportunities.

Nursing is much more than a profession; it is a commitment to helping others. Nurses play a vital role in every healthcare system by promoting health, preventing disease and supporting patients during illness and recovery. As healthcare continues to develop, nurses will remain essential members of multidisciplinary healthcare teams around the world.