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Unit 1: Reading – Multiple Choice

What Is Nursing?

Nursing is a healthcare profession dedicated to promoting health, preventing illness and providing care for people of all ages. Nurses work closely with patients, families and other healthcare professionals to improve people's health and well-being. They are an essential part of every healthcare system and play an important role in hospitals, clinics, community health centres and many other healthcare settings.

Nurses have many different responsibilities. They assess patients, monitor vital signs, administer medication, assist doctors during medical procedures and provide emotional support to patients and their families. They also educate patients about healthy lifestyles, disease prevention and the management of long-term health conditions. Good communication, teamwork and critical thinking are essential skills for every nurse.

Modern nursing is based on scientific knowledge, evidence-based practice and professional ethics. Nurses must understand basic anatomy, physiology, pharmacology and infection control in order to provide safe and effective care. They are also responsible for maintaining accurate patient records and following healthcare protocols to ensure patient safety.

English has become the international language of healthcare. Many medical articles, research papers, clinical guidelines and professional conferences are published in English. Nurses often communicate with international patients and healthcare professionals, making English an important skill for both academic study and professional practice.

Studying Nursing also helps students develop valuable professional skills. These include problem-solving, decision-making, empathy, teamwork and effective communication.

These abilities are essential for providing high-quality patient care and for working successfully in multidisciplinary healthcare teams.

Reading Comprehension

Choose the correct answer.

1. What is the main purpose of Nursing?

- a) To perform laboratory experiments.
- b) To promote health and provide patient care.
- c) To manufacture medical equipment.
- d) To study only human anatomy.

2. Where can nurses work?

- a) Only in hospitals.
- b) Only in private clinics.
- c) In different healthcare settings such as hospitals, clinics and community health centres.
- d) Only in universities.

3. Which of the following is one of a nurse's responsibilities?

- a) Designing hospital buildings.
- b) Monitoring patients' vital signs.

- c) Manufacturing medicines.
- d) Developing computer software.

4. According to the text, nurses also...

- a) repair medical equipment.
- b) educate patients about healthy lifestyles.
- c) prescribe all medications.
- d) perform every surgical operation.

5. Modern nursing is based on...

- a) personal opinions only.
- b) evidence-based practice and scientific knowledge.
- c) traditional beliefs only.
- d) computer programming.

6. Which subject is mentioned as important for nurses?

- a) Astronomy.
- b) Architecture.
- c) Pharmacology.
- d) Economics.

7. Why is English important for nurses?

- a) Because hospitals only use English.
- b) Because many healthcare resources and international communications use English.
- c) Because patients cannot speak other languages.
- d) Because English replaces medical knowledge.

8. Which skill is NOT mentioned in the text?

- a) Teamwork.
- b) Empathy.
- c) Problem-solving.
- d) Graphic design.

9. What is the main idea of the fourth paragraph?

- a) Nurses should only work in English-speaking countries.
- b) English is an essential language for modern healthcare.
- c) Medical conferences are held every year.
- d) International patients only speak English.

10. Which sentence best summarises the text?

- a) Nursing is only about giving medication.
- b) Nursing is a healthcare profession that combines scientific knowledge, patient care and effective communication.
- c) Nurses only assist doctors during medical procedures.
- d) Nursing is mainly an administrative profession.

Answers

1. b
2. c
3. b
4. b
5. b
6. c
7. b
8. d
9. b
10. b